

Curriculum Map for grades 3-5 North Mac

Teacher: Bob Etter

School: North Mac Intermediate School

Month	Content	Skills	Assessment	Essential Questions	Standards
Aug-Sept	Flag Football	Punting, Passing, Catching, Playing Positions, Strategies	Participation, Effort	<p>What are the rules of football?</p> <p>What are the specific football positions called?</p> <p>What are the safety concerns when playing football?</p>	II 19, 21
Aug-Sept	Soccer	Rules and Strategies of soccer, Positions and names, Dribbling, passing	Participation, Effort	<p>What are the rules of soccer?</p> <p>What are specific positions of soccer called?</p> <p>What are the safety concerns when playing soccer?</p>	II 19, 21
Oct	Ultimate Frisbee/Speedball	Speedball, Positions and names, Dribbling, passing	Participation, Effort	<p>What are the rules of ultimate Frisbee/Speedball?</p> <p>What are the specific positions of Ultimate Frisbee/Speedball?</p> <p>What are the safety concerns?</p>	II 19, 21
Oct.	Basketball	Rules and strategies, positions and names, dribbling, passing, shooting	Participation, Effort	<p>What are the rules of basketball?</p> <p>What are the positions of basketball called?</p> <p>What are the safety concerns?</p>	II 19, 21
Nov.-Dec.	Hockey	Rules of hockey, Safety, Forehand shot, slap shot, positions	Participation, Effort	<p>What are the rules of hockey?</p> <p>What are specific hockey positions called?</p> <p>What are the safety concerns?</p>	II 19, 21
Jan.	Volleyball	Rules and Strategies of volleyball,	Participation, Effort	<p>What are the rules of volleyball?</p>	II 19, 21

		Positions and names, bumping, passing, serving, spiking		What are specific volleyball positions called? What are the safety concerns?	
Jan.-Feb.	Jump Rope Unit coinciding with Jump Rope for Heart	Forward, backward jumping, running while skipping,	Participation, Effort	Identify various forms of skipping What are the safety concerns? How jumping rope improves overall fitness?	II 19, 21
March	Roller Skating	Skating forward,, stopping, falling correctly, turning, Safety concerns	Participation, Effort	What are the roper skating techniques? What are the safety concerns? What are the proper ways to stop?	II 19, 21, 20
March/	Dancing	Various forms of Popular Dance	Participation, Effort	What are the basic steps of Popular Dance?	II 19, 21
Apr-May	Softball/Wiffleball	Rules and Strategies of softball/wiffleball, Positions and names, Catching, Throwing, hitting, Safety	Participation, Effort	What are the rules of softball/wiffleball? What is the specific softball/wiffleball positions called? What are the safety concerns?	II 19, 21
All Year	Physical Fitness	Cardiovascular Fitness Understanding the Importance of overall physical fitness Heart Rate, Target Heart Rate	Skill Test, Participation, Timed Mile, Push-up, sit-up recorded, Shuttle Run Timed, Sit and Reach Test	What are the important principles of physical fitness? How do calculate heart rate, resting heart rate, target heart rate? What are the safety concerns?	II 19, 21, 20